Children First Pediatrics Inc.

**A PATIENT CENTERED MEDICAL HOME PRACTICE**

**PRACTICE**

**SOCIAL WORKER / NURSE CARE MANAGER**

***YOUR HEALTH CARE TEAM***

**What is a Patient Centered Medical Home?**

* **A medical practice model that:**

***- Focuses on your needs  
- Works closely with you***

* **Provides a team approach to healthcare**
* **Measures quality to maintain exceptional standards**
* **Provides preventive care including:**

***- Annual physical***

***- Up-to-date immunizations***

* **Age and gender appropriate tests such as lead and cholesterol screening, developmental evaluations, hearing and visual testing**
* **Provides educational information through methods that might include:**

***- Social Worker / Nurse Care Manager***

***- Health Educators***

***- Printed handouts***

***- On-line resources***

***- Classes on specific health topics***

**What is my role in this model of healthcare?**

* **Provide your doctor with a complete history of:**

***- Your recent problems***

***- Care provided by other doctors including emergency departments or specialists***

***- Newly prescribed or over-the-counter treatments and medications***

* **Follow your provider’s recommendations**

* **Complete ordered tests, consultations or treatments**
* **Maintain a healthy weight and activity level**
* **Try to stop smoking**
* **Schedule and keep your appointments**
* **Always call your doctor first before going to the Emergency Room!**

**PHYSICIAN**

**ADMINISTRATIVE STAFF**

**OTHER MEDICAL PROVIDERS**

**SAME DAY APPOINTMENTS**

**PATIENT**

**SUB-SPECIALISTS**